

# RECIPE CORNER

## WASHABLE BLOOD

1 bottle Karo syrup (16 oz.)  
1 capful of Wisk detergent  
1 bottle (1 oz.) red food coloring  
6 (or so) drops blue food coloring

## EDIBLE BLOOD

1 bottle Karo syrup (16 oz.)  
1 cup peanut butter  
1 bottle red food coloring (1 oz.)  
6 (or so) drops blue food coloring

The Washable Blood recipe is perfect for most of our blood effects since they all involve blood being squirted out of something (an enema bottle, a sump pump, a syringe, etc.) and it also washes out of costumes better than Edible Blood, which is what we use for any effect where the blood might get into a performer's mouth. Regardless, we have to thin both blood recipes with water depending on how small a hole it has to be squeezed through. Actually, the syringe blood in *Dracula* is just water and food coloring. Anything thicker than that just won't work.

—Doc Manning  
Actors Theatre Props Master and Props Designer for *Dracula*

